

Meet

S t a r t

Penarth Head
203 million years
of Triassic rock
Red mudstones and
Siltstones with
nodules of gypsum

*meander on an
overcast morning
to*

*seven walkers
with Geraint and Patch*

Penarth Ramblers 4 January 2013

St Mary's Well Bay
195 million years of
Jurassic rock
ammonites,
molluscs
sea urchins

*past St Lawrence Church
into*

Lavernock Nature Reserve
Knapweed, Fleabane
Devil's Bit Scabious
Bird's Foot Trefoil
Rockrose and butterflies

*follow 1865
Taff Valley railway route
back*

Cosmeston
lake
Bicycles
Dog walkers
Bird feeders

*watch clouds.
refresh.
skirt*

Clover leaf arrangement
Of 3.7" anti aircraft guns
40mm Bofors guns
Gun pits with steel doors
to lower and fire at
shipping

*and explore
the battery*

*views both
Flat and Steep*