

Meet the Groups 2019

Again this year, our Open Meeting takes the place of the September Monthly Meeting on Tuesday September 10th. at the Cardiff Masonic Hall in Guildford Crescent. It will start at 2:00 pm until about 3:30 and be open to current, renewing, and potential new members and anyone else who wants to know more about the U3A movement and Cardiff U3A in particular.

Most of the interest groups will be represented, so there will be a chance to get to know more about the groups that you do not currently attend. There will also be the opportunity to discuss with committee members any ideas you have about increasing the number of interest groups that we organise. Included this year will be two groups, Art (meeting next on Sept 24th.) and Gardening (meeting next on Sept 5th.), that have been recently been restarted. Tai Chi has been opened for beginners. The Recorder Group is moving it's location to St Edwards Church in Roath. This group is open to anyone, as long as they can sight read a piece of music and hold a line independently. Several groups filled up last year and we have been working to increase the number of sessions available in those subjects. A second Writers Group will run from Sept. 23rd, and another Photography group will be meeting on twice a month on Wednesday afternoons. The Prose and Poetry Group is looking for a convenor to run a second group and Circle Dance is also planning to expand its membership with an extra group. The Thursday Discussion Group is approaching the limit on its capacity, so it has been decided to offer a 'Taster Session' for those U3A members and others who have not attended a TDG meeting before. This will be held on the afternoon of Tues. Sept. 17th. If there is sufficient demand a second series of meetings will be held twice a month. The same topic will not be discussed at two consecutive meeting, but the topic discussed in the new series of meetings will usually have been discussed previously at one of the Thursday meetings. The topic of the Discussion at the 'Taster Session' will be 'How can we feed 11 billion people'.

Members who have not yet renewed for 2019/20 are being encouraged to renew on-line as this is more efficient and accurate. If you have been sent a membership form, you can hand it in at the meeting.

The dates of the meetings in September are included in this letter. The Group Activities Booklet for the whole term will soon be available on the Download page of the website, and printed copies available for members at 'Meet the Groups'.

Refreshment will be available at the meeting free of charge . We hope to see as many of you as possible there and that you bring along as many of your friends as possible.

A Day of Welsh History at St Fagans National Museum of History

The Third Age Trust has again this year organised an exclusive Study Day in Cardiff. It is on Wednesday 25th Sept. In St. Fagans. It includes 3 historical talks and 2 hours free time to explore the Museum.

The talks will be about the development of the domestic home in Wales, the Wrexham Tailor's Quilt and the Triple Harp. It starts at 10:30 and tickets are £19.50. Lunch is not provided.

September Meetings

All Things Welsh 10:00 – 11:00. Sept 13.	Gardening 2.00 – 3.30. Sept 5, Oct 3.	Singing for Pleasure 1:00 – 3:00. Sept 9+23.
Art Group 10:30 – 12:30. Sept 24, Oct 1.	Great Lives 2:00 – 3:00. Sept 9.	Spanish Conversation 11:00 – 12:00. Weekly on Tuesdays at Virgin Money.
Art Appreciation 12:45 - 1:45 (1st) Sept 12+26. 2:00 - 3:00 (2nd) Sept 12+26.	History Group 2:00 – 3:30. Sept 11+25.	11:00 – 12:00. Weekly on Wednesdays at Cornerstone Cardiff.
Book Group 10:30 – 11:30. Sept 10.	Italian Conversation 10:30 – 12:00. Sept 4+18, Oct 2.	Sunday Lunch Sept 8.
Bridge Group 10:00 – 12:00. Weekly on Mondays.	Literature Through the Ages 10:30 – 11:30. Sept 5, Oct 3.	Swimming Weekly on Tuesdays during school term time only 2.45, 3.45.
Bus Pass Thursday Sept 5.	Local History 10:15 – 12:00. Sept 24.	Tai Chi 12:15 to 1:15 Weekly on Wednesdays.
Canasta 10:00-12:00. Sep 4+18+25, Oct 2.	Music Appreciation 1:30 – 3:00. Sept 4, Oct 2.	Thursday Discussion Group 10:30 – 12:00. Sept 12+26.
Circle Dance 11:00 – 12:30. Sept 10+24.	Outings and Theatre Visits Check the on-line calendar and newsletter for upcoming events.	Walking Group Sept 3+17, Oct 1.
Coffee Morning 11:00 Weekly on Fridays.	Philosophy and Spirituality 10:30 – 12:00. Sept 27.	Weekenders Please refer to the on-line calendar for upcoming events.
Computer Group 2:00 – 3:30. Sept 12+26.	Photography Field Trip 10:00 –12:00. Sept 11. Meeting 10:00 -- 12:00. Sept 25.	Welsh Improvers 11:15 – 12:30. Sept 6+20, Oct 4.
Craft . 10:30 – 12:00. Sept 11+25.	Photography Group Afternoon 2:00 – 4:00 Sept 4+18, Oct 2.	Writers Enjoying Words 10:15 – 12:15. Sept. 2+16+30.
Current Affairs Discussion 10:00 – 12:00. Sept 2+16+30.	Prose and Poetry 10:30 –12:00. Sept 19.	Writers 2 10.15 – 12.15 Sept 23.
Folk Singing 10:00 – 12:00. Sept 10+24.	Recorder Group 2:00 - 4:00. Weekly on Wednesdays.	
French Conversation 11:00. Sept 12+26.	Science 2:00 – 4:00. Sept 18.	CARDIFF
Games Galore 2:00. Sept 3*+17, Oct 1. (* St. Asaph Room - SDH.)		

For more information and to contact us.

The easiest way to contact us is by email or by using the links to the groups on their web pages.

For more information on anything in this newsletter contact us at info@cardiffu3a.org.uk

Members with queries relating to their membership should contact memsec@cardiffu3a.org.uk or **07926 533693**

If you have any news to submit to the October issue, please send it to comms@cardiffu3a.org.uk by **15th September**.