

# NewsLetter

Issue 48

September 2019



## Meet the Groups 2019

Again this year, our Open Meeting takes the place of the September Monthly Meeting on Tuesday September 10th. at the Cardiff Masonic Hall in Guildford Crescent. It will start at 2:00 pm until about 3:30 and be open to current, renewing, and potential new members and anyone else who wants to know more about the U3A movement and Cardiff U3A in particular.

Most of the interest groups will be represented, so there will be a chance to get to know more about the groups that you do not currently attend. There will also be the opportunity to discuss with committee members any ideas you have about increasing the number of interest groups that we organise. Included this year will be two groups, Art (meeting next on Sept 24th.) and Gardening (meeting next on Sept 5th.), that have been recently been restarted. Tai Chi has been opened for beginners. The Recorder Group is moving it's location to St Edwards Church in Roath. This group is open to anyone, as long as they can sight read a piece of music and hold a line independently. Several groups filled up last year and we have been working to increase the number of sessions available in those subjects. A second Writers Group will run from Sept. 23rd, and another Photography group will be meeting on twice a month on Wednesday afternoons. The Prose and Poetry Group is looking for a convenor to run a second group and Circle Dance is also planning to expand its membership with an extra group. The Thursday Discussion Group is approaching the limit on its capacity, so it has been decided to offer a 'Taster Session' for those U3A members and others who have not attended a TDG meeting before. This will be held on the afternoon of Tues. Sept. 17th. If there is sufficient demand a second series of meetings will be held twice a month. The same topic will not be discussed at two consecutive meeting, but the topic discussed in the new series of meetings will usually have been discussed previously at one of the Thursday meetings. The topic of the Discussion at the 'Taster Session' will be 'How can we feed 11 billion people'.

Members who have not yet renewed for 2019/20 are being encouraged to renew on-line as this is more efficient and accurate. If you have been sent a membership form, you can hand it in at the meeting.

The dates of the meetings in September are included in this letter. The Group Activities Booklet for the whole term will soon be available on the Download page of the website, and printed copies available for members at 'Meet the Groups'.

Refreshment will be available at the meeting free of charge . We hope to see as many of you as possible there and that you bring along as many of you friends as possible.

## A Day of Welsh History at St Fagans National Museum of History

The Third Age Trust has again this year organised an exclusive Study Day in Cardiff. It is on Wednesday 25th Sept. In St. Fagans. It includes 3 historical talks and 2 hours free time to explore the Museum.

The talks will be about the development of the domestic home in Wales, the Wrexham Tailor's Quilt and the Triple Harp. It starts at 10:30 and tickets are £19.50. Lunch is not provided.

# September Meetings

**All Things Welsh**

10:00 – 11:00. Sept 13.

**Art Group**

10:30 – 12:30. Sept 24, Oct 1.

**Art Appreciation**

12:45 - 1:45 (1st) Sept 12+26.  
2:00 - 3:00 (2nd) Sept 12+26.

**Book Group**

10:30 – 11:30. Sept 10.

**Bridge Group**

10:00 – 12:00. Weekly on Mondays.

**Bus Pass Thursday**

Sept 5.

**Canasta**

10:00-12:00. Sep 4+18+25,  
Oct 2.

**Circle Dance**

11:00 – 12:30. Sept 10+24.

**Coffee Morning**

11:00 Weekly on Fridays.

**Computer Group**

2:00 – 3:30. Sept 12+26.

**Craft .**

10:30 – 12:00. Sept 11+25.

**Current Affairs Discussion**

10:00 – 12:00. Sept 2+16+30.

**Folk Singing**

10:00 – 12:00. Sept 10+24.

**French Conversation**

11:00. Sept 12+26.

**Games Galore**

2:00. Sept 3\*+17, Oct 1.  
(\* St. Asaph Room - SDH.)

**Gardening**

2.00 – 3.30. Sept 5, Oct 3.

**Great Lives**

2:00 – 3:00. Sept 9.

**History Group**

2:00 – 3:30. Sept 11+25.

**Italian Conversation**

10:30 – 12:00. Sept 4+18, Oct 2.

**Literature Through the Ages**

10:30 – 11:30. Sept 5, Oct 3.

**Local History**

10:15 – 12:00. Sept 24.

**Music Appreciation**

1:30 – 3:00. Sept 4, Oct 2.

**Outings and Theatre Visits**

Check the on-line calendar and newsletter for upcoming events.

**Philosophy and Spirituality**

10:30 – 12:00. Sept 27.

**Photography**

Field Trip 10:00 – 12:00.  
Sept 11.  
Meeting 10:00 – 12:00.  
Sept 25.

**Photography Group Afternoon**

2:00 – 4:00 Sept 4+18, Oct 2.

**Prose and Poetry**

10:30 – 12:00. Sept 19.

**Recorder Group**

2:00 - 4:00. Weekly on Wednesdays.

**Science**

2:00 – 4:00. Sept 18.

**Singing for Pleasure**

1:00 – 3:00. Sept 16+23.

**Spanish Conversation**

11:00 – 12:00. Weekly on Tuesdays at Virgin Money.  
11:00 – 12:00. Weekly on Wednesdays at Cornerstone Cardiff.

**Sunday Lunch** Sept 8.**Swimming** Weekly on

Tuesdays during school term time only 2.45, 3.45.

**Tai Chi**

12:15 to 1:15 Weekly on Wednesdays.

**Thursday Discussion Group**

10:30 – 12:00. Sept 12+26.

**Walking Group**

Sept 3+17, Oct 1.

**Weekenders**

Please refer to the on-line calendar for upcoming events.

**Welsh Improvers**

11:15 – 12:30. Sept 6+20,  
Oct 4.

**Writers Enjoying Words**

10:15 – 12:15.  
Sept. 2+16+30.

**Writers 2**

10.15 – 12.15 Sept 23.



**CARDIFF**

## [For more information and to contact us.](#)

The easiest way to contact us is by email or by using the links to the groups on their web pages.

For more information on anything in this newsletter contact us at [info@cardiffu3a.org.uk](mailto:info@cardiffu3a.org.uk)

Members with queries relating to their membership should contact [memsec@cardiffu3a.org.uk](mailto:memsec@cardiffu3a.org.uk) or **07926 533693**

If you have any news to submit to the October issue, please send it to [comms@cardiffu3a.org.uk](mailto:comms@cardiffu3a.org.uk) by 15th September.